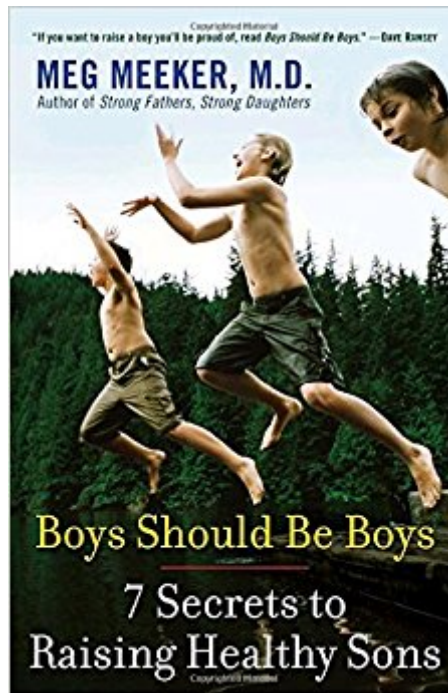




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# Boys Should Be Boys: 7 Secrets To Raising Healthy Sons



## Synopsis

In *Boys Should Be Boys*, one of our most trusted authorities helps parents restore the delights of boyhood and enable today's boys to become the mature, confident, and thoughtful men of tomorrow. Boys will always be boys—“rambunctious, adventurous, and curious, climbing trees, building forts, playing tackle football, and pushing their growing bodies to the limit as part of the rite of passage into manhood. But today our sons face an increasingly hostile world that doesn't value the high-spirited, magical nature of boys. In a collective call to let our boys be boys, Dr. Meg Meeker explores the secrets to boyhood, including why rules and boundaries are crucial—and why boys feel lost without them—how the outdoors is still the best playground, offering the sense of adventure that only Mother Nature can provide—the essential ways to preserve a boy's innocence (and help him grow up)—the pitfalls moms and dads face when talking to their sons—why moody and rebellious boys are not normal—and how to address such behavior—how and when the “big” questions in life should be discussed: why he is here, what his purpose is, and why he is important. Parents are blessed with intuition and heart, but raising sons is a daunting responsibility. This uplifting guide makes the job a little easier.

## Book Information

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## Customer Reviews

“If you want to raise a boy you'll be proud of, read *Boys Should Be Boys*.” —Dave Ramsey  
Filled with inspirational vignettes, *Boys Should Be Boys* empowers parents to stay involved and protect their sons' innocence. It's a wonderfully written and eye-opening

bookâ “a must-read.â •â ”Neil Bernstein, Ph.D., author of There When He Needs You

Let Boys Be Boys Boyhood used to be a time of freedom and fun--of catching bullfrogs, playing tackle football, and roaming the woods--but not anymore. Rambunctious, high-spirited boys--healthy boys--nowadays face an increasingly hostile world that doesn't value the unique gifts of boys, that discounts their masculine virtues, and that undermines what boys need to become mature, confident, and thoughtful men. In Boys Should Be Boys, Meg Meeker, pediatrician and author of the critically acclaimed Strong Fathers, Strong Daughters, unlocks the secrets of what parents can do to restore some of the magic of boyhood and help their son become the man they want him to be. In Boys Should Be Boys, Dr. Meeker reveals:

- \* Why the most important factor in shaping your son's behavior isn't "peer pressure" (it's you)
- \* How to preserve your son's innocence (and why it's essential to help him grow up)
- \* Why boys need less, not more--whether it's computer games, organized sports, or lessons
- \* How to talk to your son--the pitfalls that moms and dads face
- \* Why it's not normal for teenage boys to be moody and rebellious
- \* Why teaching your son about virtue isn't an option, it's a necessity

Full of practical advice and examples from her own medical practice of more than twenty years, Dr. Meg Meeker reminds moms and dads that there is no greater blessing--and no greater responsibility--than raising healthy, strong young men. In Boys Should Be Boys, she shows you how. --This text refers to the Preloaded Digital Audio Player edition.

I love this book and have told many people about it. It really breaks down parental roles and what our boys need to be contributing members of society vs the entitled generation that we keep creating.

Highly recommend for young parents. Easy to read and advice is practical. Only caveat is that you have to be open minded.

As a Dad, this is great book, full of insights and advice. Highly recommend for anyone needing help with raising sons.

Made me reconsider how I will be raising my two year old. It was tough in some places, but I really learned and can refocus my attention now. It also made me appreciate how my dad raised me and where I can do better. It was a great book on how to raise confident sons into men.

Dr. Meeker has captured the full scope of areas, in which parents should embrace, in raising children, especially boys. All too often "professionals" neglect the reality of the spiritual in our and our children's lives. There is no substitute for "involved" parents when raising children. Having three adult children, I hear often "thanks dad" for your guidance and being there in my life. If parents don't nurture their children, those children will be subjected to "normalization" by other factors and codes.

This book is a must read, if you want to raise healthy, good, boys with common sense. It is very similar to the way I raised my girls and boys. They grew up practical and knowing the world around them. Not like today.

I actually found a relief from reading this book. It was a blessing. I have two boys who are my whole world and just thought reading this book would give some advice but it gives more than advice. As my boys get older I will be getting this book back out to read. Thank you Dr. Meg Meeker.

I listened to this book on Audible and LOVED it. I wanted a paper copy so I could go back and review and share with my husband.

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